

TESL Ottawa

Winter PD Conference

Saturday, February 6, 2021

Online - Via Tutela

Winter PD Event Details

Plenary Speaker: Anjum Karimi, OCELT
Plenary Address: *Self-Care for Educators*

Plenary

Are you feeling stressed out? Do you find it difficult to strike a work/life balance? Do you feel that there's information overload in today's virtual work world which makes it challenging to manage time? If yes, join us for this relaxing session to learn about the mindfulness attitudes to enhance productivity.

Learn to:

- Maximize your time by living in the present moment
- Meditate for overall mental and physical health
- Look at life from a different perspective
- Take short and powerful breaks to rejuvenate and recharge

Activity:

Mindful meditation and breathing exercises to enhance focussing and stress reduction skills


Biography

Anjum Karimi has more than 10 years' experience in LINC/ESL/ELT teaching stream. At present she is working at Polycultural Immigrant and Community Services as a LINC 2 instructor, and at Canadian College of Educators as a TESL Methodology instructor.

She has volunteered with the PHE Executive board for ten years as Membership Secretary and Affiliate Representative. In 2012, she published 'An ELT Experience', a guide for new immigrants to Canada.

She has studied Psychology for two years and has been practicing Mindfulness and meditation from a very early age. In 2015 she delivered a successful Personality Dimensions workshop at TESL ON Conference. She recently presented at the Qatar University's virtual international conference for English language instructors on, 'Self-care for Educators'.





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Workshop #1- Lessons Learned from an Online Teacher

Abstract

So, you're now a blended or fully online teacher. It may have happened in a hurry. Still, you have some uncertainties about "what works well" virtually. As an online teacher with more than 10 years of teaching online, I'll share the lessons I've learned, and inspire you to look at your course through a virtual lens. We'll stay away from specific technical discussions, and think about practical approaches to online delivery.

Biography

Nancy Van Dorp is a Senior Trainer/Developer/Mentor on the LearnIT2Teach Project, where she develops e-learning materials for use in blended and fully online classrooms. She also teaches culture and technology courses at Sheridan College. Enchanted by edtech possibilities, she loves exploring the intersection of teaching/learning with technology.

Workshop #2 - Exploring Mobile Applications for Academic Success

Abstract

During this digital era, using mobile devices for English Language Learning is essential. Many educators struggle to keep their students engaged in the course content and have not incorporated mobile devices and online resources to their maximum potential. This session will take you on a journey to learn about the different types of mobile applications that can facilitate ELLs' learning. In this session, attendees will learn: 1. To create an interactive, learner-focused environment via the use of mobile applications that cater to all types of English Language Learners (ELLs). 2. To create lessons and share ideas relevant to mobile applications with other educators for a favourable learning outcome. 3. To identify how mobile devices can significantly improve literacy skills and boost each ELL's affectivity.

Biography

Amel is an Master's of Education candidate at Ontario Tech University. She works as a teaching assistant at the University of Toronto. Prior to the pandemic, Amel worked at Centennial College teaching English in the ELL program and College-level Communications classes.